

IFCO 2011
Youth Delegate
Program Guide



International Foster Care Organisation
XVI Biennial 2011 World Conference
Victoria, British Columbia, Canada
July 10 through 15



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Youth Program Overview

The youth program of the International Foster Care Organization (IFCO) Conference is specially tailored for young people between the ages of 14-24. Programming includes workshops, plenaries and keynote speakers; all selected by youth and for youth. Delegates will have a chance to connect with others from across the globe, all while engaging in relevant discussion. Beautiful Victoria B.C. offers the perfect backdrop for both adventure and reflection.

The Youth Program holds three main objectives: the first is to expand your knowledge and insight. We will also give you the tools to empower youth in your own community. Monday, Tuesday and Thursday: youth and adult delegates will come together in a plenary session, while in the afternoon all youth delegates will have different workshops to choose from. These sessions range in topics from the diversity of foster care, to ways in which you can make an impact within your own system.

The second objective is to understand the United Nations Convention on Rights of the Child (CRC). This will provide a framework in which to discuss and gain insight into other care systems globally. We also want to encourage delegates to stay connected as part of the IFCO legacy. IFCO is an experience that transcends the conference itself and closes the gaps in our global communities.

The third objective is to have a fun time in Victoria! Youth will have ample opportunities to mingle and have a great time. Events range from a scavenger hunt exploring Victoria to a Gala Dinner in an Island Surf Theme. Every day promises something new.

The IFCO 2011 Youth Committee is committed to creating an atmosphere that is both fun and great learning experience. We have taken a youth-driven approach to planning the conference, which will ensure relevant content for our peers, as we are composed of 6 members, largely in the age range of 16-24.

We welcome you to the XVI Biennial International Foster Care Organisation World Conference—IFCO 2011 CANADA—and hope you have a blast!

Networking and Socializing Opportunities:

- Opening and Closing Ceremonies – Sunday evening & Friday morning
- Youth Meet & Greet – Sunday Evening
- Multicultural Presentation – Tuesday Evening
- Free Day – All Day
- Gala Banquet & Dance – Thursday Evening

Your IFCO 2011 Planning Committee and Roles:

- Eddy Trix-Bell - Chill-Out Room Coordinator
- Jordan Batchelor - Events and Activities Coordinator
- Lacy Morin-Desjarles - Youth Delegate Activities Coordinator
- Lilia Zaharieva - Workshop Coordinator
- Chris Buchner - Youth Committee Team Lead
- Jocelyn Helland - Youth Committee Team Lead

The committee has been supported by Federation of BC Youth in Care Networks, a provincial organization for youth in and from care that was created by young people in care over 18 years ago.



What you can expect at IFCO 2011:

Youth Delegate Activity:

The IFCO Youth Program is brought to you by the Youth Planning Committee. We are hosting an opportunity for youth delegates to **UNITE**; to learn about each other's different walks of life, to learn about how to organize their own youth event in their home country, to come together and work towards making a final presentation that will be presented to the entire conference participants, and to make lifelong friends and connections.

The Youth Program will run on **Monday, Tuesday, and Thursday** from **11:00 am to 12:30 pm** with a final presentation to all delegates during the Closing Ceremonies on Friday morning.

We would like to provide a safe space for the youth that will engage, empower and connect.

Coast Salish Drum Making Workshop:

There will be an opportunity for youth delegates to participate in a Coast Salish Drum Making Workshop on Tuesday July 12th facilitated by Bradley Dick, Ministry of Children and Families Development Provincial Roots System Analyst.

Youth Gala Dinner:

On Thursday July 14th we are hosting a Youth Gala Dinner. This event is in a tropical islands theme, you can dress up, or dress down if you like! This is great opportunity to connect with other delegates, and just relax and dance the night away. We have three great performances for you, Chris Neal opens the night, followed by our main entertainment of the night, Rapture Rising a First Nations Hip-Hop Group, and then DJ Sam takes over to provide some tunes for dancing.



Chris Neal:

Chris has always loved to make music. Whether it was humming quietly to himself, singing in school choir, learning to play the trumpet in band class, screaming himself hoarse imitating Wilson Pickett, plucking away on the guitar, tickling the ivories, or trying to co-ordinate his limbs at a drum kit, it has always been the best time in his life.

Rapture Rising:

Rapture Risin is a two person hip hop group who has been featuring Numinous and Apt Exact. The two have performing and recording music together since 2005. They are highly conscience and connected to the messages and the energy that they send out through their singing and rapping. Since the forming of their group they have played at least 500 shows, on stages across Canada and the USA as well as in international waters! They are currently working on their first full



length album release and have completed a music video for promotion of this release called "The Lights Go Out". This video can be viewed on youtube.com. This duo promises high energy, danceable music, and a performance you won't forget. Truth, Light, and Love: Rapsure Risin



DJ Sam:

DJ Sam hails from the musical mecca of Vancouver and has been tearing up the ones and twos at events across the Federation. Whether bumpin' a new track, or taking us way back, she's guaranteed to get the party moving. Just make sure you can keep up!

Free Day - Wednesday, July 13th

On Wednesday July 14th youth delegates will gather for a day of fun and adventure. The free day begins with a Scavenger Hunt around Victoria to see the landmarks and hidden gems of the city. Following a morning of exploration, lunch will be served in the Mungo Martin house, a Kwakwaka'wakw traditional big house. This is a special opportunity to experience Canadian First Nations culture, as well as to relax and get to know one another. After lunch, we have planned an afternoon at the beach to unwind, play some beach volleyball, and have a laid-back pizza dinner. We will end our day with a talent show, so show us what you've got and get ready to celebrate our unique talents from all corners of the world!

Please Note:

- You must sign up to attend the free day as we have limited space. You can sign up at the Registration Counter or during the Youth Delegate Activity on Monday or Tuesday. **Deadline to sign up for the free day activities is Tuesday July 12th at 12:30pm.**
- By signing up, you will agree to remain with the group and attend the planned activities. Activities may be altered in accordance with weather condition.

Talent Show

On Wednesday July 14th you are all invited to the IFCO Youth Delegate Talent show from 9:30 - 11 pm. This is your opportunity to be in the spotlight and showcase your talents for the rest of the Youth delegates. Everyone who participates will receive a raffle ticket and be entered to win prizes! Please Note: Space is limited so this is a first come-first served event.



Chill-Out Room:

The IFCO Youth Committee is hosting a Chill-Out Room for Youth Program participants. We strongly advise you to attend the scheduled programming and workshops, but this is a space for relaxation and decompression. During the evening when workshops are not occurring, the Chill-Out Room will be full of fun activities and crafts.

The Chill-Out Room is generally open 12:30 pm to 11:00 pm.

PLEASE NOTE: that during the day when Conference Workshops are running the room is not for recreation but for emergencies and to find adult support, as recreation times are woven throughout the Youth Program.

Chill-Out Room is located in the Empress Hotel in the Balmoral Room, which is on the lower-lobby level.

Hours for the Chill-Out Room are:

Sunday: 7:00 pm - 11:00 pm

Monday: 12:30 pm – 11:00 pm

Tuesday: 12:30 pm – 11:00 pm

Wednesday: CLOSED

Thursday: 12:30 pm – 5:30 pm and then 8:30 pm - 11:00 pm

Friday: CLOSED

All those in the Chill-Out Room must abide by the IFCO Code of Acceptable Behaviour which can be found on the next page.

PLEASE NOTE:

Youth who are younger than 19 years old must have a guardianship form signed and, if in the Chill-Out room, must be picked up by their guardian at the Chill-Out Room closing time of 11:00 pm.

IFCO CODE OF ACCEPTABLE BEHAVIOUR

- 1) Respect other youth, delegates, volunteers and facilitators. Always treat others as you would like to be treated, this means no racism, homophobia, harassment etc.
- 2) Behave in a responsible manner at all times.
- 3) Please maintain and respect the personal boundaries of others.
- 4) Respect other delegate's privacy and refrain from visiting each other's rooms.
- 5) Zero tolerance for any acts of violence, this includes threats written or verbal, bullying/intimidation or physical aggression.
- 6) Follow instructions of volunteers/facilitators.
- 7) Attend workshops and Activities on time.
- 8) Do not cause destruction of property.
- 9) Do not leave the Victoria Conference Center/Empress Hotel Site without signing in/out. Youth under 19 must have permission from their Guardians
- 10) Do not drink alcohol, smoke or use drugs.
- 11) Do not have any weapons in your possession.
- 12) Do not smoke inside, or outside any public building unless in designated area(s) or 10 meters away as it is an offence to smoke in any public building, or within 10 meters of doorways in British Columbia.

We hope that all children/youth enjoy their time in Victoria at this conference and that they remember this trip with good memories and connections. We hope that all delegates ensure they remain safe and to inform volunteers/facilitators in the unlikely event of anything that they deem to be unsafe or dangerous.

Finally, enjoy this experience and make the most of your time with us. If you need any further information feel free to ask any volunteer or organizers (in blue shirts) or contact one of the Youth Committee Team Leads.

Chris Buchner: +1 (604) 353-3521

Jocelyn Helland: +1 (778) 389-9492



Schedule of Events

Day 1: Sunday, July 10

Sub theme: WELCOME DELEGATES!

11:30 – 3:30 pm	Delegate Check-in
4:00 – 5:30 pm	Opening Ceremony
5:30 – 7:00 pm	Youth Meet & Greet—South Park School
7:00 – 11:00 pm	Chill Out Room Available (Balmoral Rm at the Empress Hotel)

Day 2: Monday, July 11

Sub theme: RESILIENT FOSTER FAMILIES

8:00 – 9:00 am	Delegate Check-in
9:00 – 10:40 am	Plenary Sessions
10:40 – 11:00 am	Health Break
11:00 – 12:30 pm	Youth Delegate Activity in Saanich Room
12:30 – 2:00 pm	Lunch Break
2:00 – 3:30 pm	Chill Out Room Available
3:30 – 4:00 pm	Workshops
4:00 – 5:30 pm	Health Break
5:30 – 7:30 pm	Workshops
7:30 – 9:00 pm	Evening Break (Dinner is <u>not</u> provided)
	Optional Recreation Activities

Day 3: Tuesday, July 12

Sub theme: SUCCESSFUL TRANSITIONS

8:30 – 9:00 am	Delegate Check-In
9:00 – 10:30 am	Plenary Sessions
10:30 – 11:00 am	Health Break
11:00 – 12:30 pm	Youth Delegate Activity in Saanich Room
12:30 – 2:00 pm	Lunch Break
2:00 – 3:30 pm	Chill Out Room Available
3:30 – 4:00 pm	Workshops
4:00 – 5:30 pm	Health Break
5:30 – 6:30 pm	Workshops
6:30 – 10:00 pm	Evening Break (Dinner is <u>not</u> provided)
	Multicultural Presentation in VCC Theatre

Schedule of Events

Day 4: Wednesday, July 13

DELEGATES FREE DAY

NOTE: *These are Optional Planned Activities that you must sign up for*

10:00 – 12:30 am	Local Scavenger Hunt meet at 10am in VCC Pre Function area
12:30 – 2:00 pm	Lunch at the Mongo Martin Long House
2:00 – 4:00 pm	Afternoon Break
4:00 – 5:30 pm	Agokwe Play in the VCC Theatre
6:00 – 9:00 pm	Dinner at the Beach
9:30 – 11:00 pm	Youth Talent Show in the VCC Theatre

Chill Out Room Not Available All Day

Day 5: Thursday, July 14

Sub theme: RESPECTING DIVERSITY & HONOURING CULTURE

8:30 – 9:00 am	Delegate Check-in
9:00 – 10:30 am	Plenary Session
10:30 – 11:00 am	Health Break
11:00 – 12:30 pm	Youth Delegate Activity in Saanich Room
12:30 – 2:00 pm	Lunch Break
12:30 – 11:00 pm	Chill Out Room Available
2:00 – 3:30 pm	Workshops
<i>(NOTE: Chill Out Room will be closed from 3:30 – 8:30 for Gala Dinner)</i>	
3:30 – 3:45 pm	Health Break
3:45 – 5:15 pm	Workshops
5:00 – 6:00 pm	IFCO Annual General Meeting
6:00 – 7:00 pm	Evening Break
7:00 – 11:30 pm	Gala Banquet

Day 6: Friday, July 15

Sub theme: CONNECTIONS

9:30 – 10:00 am	Plenary Session
10:00 – 10:45 am	Youth Presentation
10:45 – 11:15 am	Next IFCO Host Country Presentation
11:15 – 11:30 am	New Drums
11:30 – 12:30 pm	Closing Ceremonies

Monday July 11th					
Time	Type	Presenter	Organization(s)	Title	Room
9:00 – 9:30	KN	Chris Gardiner, Jean Anne Kennedy – IFCO, Yvonne Andrews – NYICN, Jordan Batchelor, FBCYICN	IFCO, IFCO Youth & National Youth in Care Network, Federation of BC Youth in Care Network	International Foster Care Organization	THE
9:30 – 10:30	KN	Derek Clark	I Will Never Give Up	I Will Never Give Up	THE
9:40 – 10:10	KN	Lilia Zahavaira	InsideOUT: BC Schizophrenia Society	InsideOUT: Youth Supporting Youth With Parental Mental Illness	VR
10:10-10:40	KN	Amber Rainshadow	Former Child in Care	Alumni of Care	VR
2:00 – 3:30	WS	Joanna Barkman	Pesapuu ry	We Believe in You, So Should You	S1
2:00 – 3:30	WS	Samantha Pothier	Federation of BC Youth in Care Networks	Identifying the Leader Within	S2
2:00 – 3:30	WS	Angie Cross	Foster Care Alumni of America	FLUX	VR
4:00 – 5:30	WS	Jocelyn Helland & Rachel Malaek	Federation of BC Youth in Care Networks/Ministry for Children and Families	Rights 2 Success: A Community Based Model on Rights Education for Young People Receiving Services and the Adults Who Work with Them	S1
4:00 – 5:30	WS	Jean Anne Kennedy	International Foster Care Organization	Learning for Well-Being Emotional Stability in Leaving Care (Aging Out)	S2
4:00 – 5:30	WS	Linda Austin	Ministry for Children and Families	The Things We Say... And Their Effect on Our Children and Youth	VR

Tuesday, July 12th					
Time	Type	Presenter	Organization(s)	Title	Room
2:00 – 5:30	WS	Bradley Dick	IFCO	Drum Making	S1
2:00 – 3:30	WS	Marie Christian	MYICN	System Kidz Live: Using media and Multi-Media Tools to Advocate for Change	S2
2:00 – 5:30	WS	Lorena Pilgrim	Federation of BC Youth in Care Networks	Bring Young People Together: Creating and Maintaining Local Youth in Care Networks	VR
2:00 – 3:30	PLN	Irwin Elman	Office of the Provincial Advocate Ontario	Building an International Youth In Care Network	Oak Bay 1
4:00 – 5:30	WS	Shelly Bonah & Kari Bep-ple	Interior Community Services	Ask... Listen... Believe. A Response Based Approach with Youth in Care	S2
Thursday July 14th					
Time	Type	Presenter	Organization(s)	Title	Room
9:00 – 10:30	KN	Kararaina N Rarighau	Te Renginianiwa Whanau Trust	Maori Traditional Practice of Child Fostering	The
9:30 – 10:30	KN	Russel Pohl	BC Federation of Foster Parent Associations	FAB (Short for Fabulous): Being Gay in the System	VR
2:00 – 3:00	WS	Sarah Beatty	University of Toronto	Bio Children of Foster Parents	S2
2:00 – 3:30	WS	Lacy Morin-Desjarlais	Adoptive Families Association of BC	Teen Adoption and Permanency: Speak Out Youth Group	VR
2:00 – 5:00	WS	Gail Roach Ieforte	Caring for First Nations Children Society	Cultural Humility: Culture Shaping Practice	S1 & Sidney
3:45 – 5:15	WS	Ross Johnson	Out in Schools	Out in Schools	Met
3:45 – 5:15	WS	Audrey Wandolo, Catherine Dyer, Marie Christian, Midori Nakamura, Koko Kikuchi	Office of the Provincial Advocate for Children and Youth	Dialoguing Across Boundaries	VR
Friday July 15th					
Time	Type	Presenter	Organization(s)	Title	Room
9:30 – 10:00	PLN	Margo Dent & Brent Seal	Institute of Families for Child and youth mental health	We're Better Together. Families and Systems Working Together	The



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